### DEBRIDEMENT

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## A THESIS

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## ABSTRACT

*Debridement* is a collection of poems about subjects including the modern gay male experience and the ways difficult and even traumatic events can become negotiated parts of the self. The collection focuses on the dissolution of a marriage between a man and woman, male intimacy, queer fatherhood, violence and navigating grief. By employing narrative, particularly fable, beside lyric forms, and through the use of images related to mycological phenomenon, the collection asks the reader to consider how shame and feelings of worthlessness might be transformed into self-validation and understanding. The poems encourage the reader to view life as involving calculated risk and liminality, to step foot into a world where arrival is an illusion and becoming is a constant.

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# Dedication

To Kelly, Cleo, Laura and Mom

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### **Two cardinals**

One decomposing log: an orchestra of spores. One pair of Goodwill shoes caked in mud.

For some reason, I always find myself making decisions like this. In the mud. I thought that once I became an adult,

I would know what the right thing to wear would be. One shiny tree. Is that glitter on the tree?

Two rabbit holes in the ground. One Disco tree in the middle of the park. It seems out of place.

Two shady spots where the ground is covered in frost. One dog not on leash. The tree is too fabulous.

One rabbit's skull picked bleached white. I scream at the tree. Hey! Disco Tree!

Get out of here! Didn't you hear about the bill those psychos passed in Florida?

Two dogs and one man with a nice butt wearing mud boots walking in front of me.

One turkey vulture. It's not safe! But then I remember trees don't have ears. One shadow. One cigarette butt.

It was the year I was broke. I picked cigarette butts off the ground and smoked them. I guess it's my shadow. 21 ice puddles

that are 21 worlds. What I mean is that I am my shadow. Is Beyonce's *Renaissance* a disco album?

I'm not sure. Once, I was in the car with my mom, and she hit a bird and killed it.

My daughter is a week-old today. 21 windowpanes. My shadow is me.

She pulled off to the side of the road and started sobbing. Then praying. 20 more puffs in my inhaler. One memorial Labyrinth that promotes gratitude. One year of sobriety.

She told me she couldn't imagine if any of her kids were gay. 10 geese trespassing into the private pond

against the wishes of the HOA. I'm grateful for geese noncompliance. One helicopter that looks like a blackbird.

I still have the scar from when I pushed my arm through the windowpane. Her eyes were searching

for something in mine. Turned on thinking about the 20-something with the nice legs.

I usually like hairier dudes. One hill perfect for rolling down. Hairier dudes like the hairy-armed French café owner.

Five artificial pale pink roses standing at attention in memory of a woman who died before she turned 60.

One plaque which instructs us to let her memory inspire us in everything we do.

The plaque reminds me that I need to buy oat milk if I want to eat cereal

in the morning and get cat food. Hairier dudes like Hugh Jackman.

Wolverine in the first *X-Men* movie. One profusion flowering crabapple.

One call to Dad on his 70th birthday. It's been a while. We talk about his cancer.

He asks me to send him pictures of the baby. One dandelion. Would I see my shadow?

No broken glass to pick up. Would there be a sign? An epiphany? 57 minutes until my therapy appointment. She seems competent enough. Besides, what do I know? This is my first therapist.

How do you know if it's a good fit or not? One little free library.

One endangered owl seen through a telescope. I want more of a literary balance to exist

in the little free library's ecosystem, so I'm doing my part. Three more cars

pull into the park. Ten cold fingers. Between two Michael Crichton books,

I've left a copy of George Oppen's *Selected Poems*. I didn't just wear the wrong shoes.

I didn't bring gloves. The moon's outline is peeking over the reedy marshland, shadows multiplied

reflect off the barely frozen puddles.

### To beat back loneliness, I drove a town over to deposit a load on a guy's face

Afterwards, I ate a \$3.49 Blueberry Maple Donut. It wasn't the best donut.

A dozen would be \$30.00. Double what I make at my job for two hours.

The taste, a mixture of salty and sweet. I didn't complain about the soggy bottom. Ate the donut

in two bites. I bet no one ever complains about the soggy bottom –

thinking that this is how donuts should be. The married man couldn't meet up because of church,

too risky to sneak away, to be in another man's bed, legs spread.

## Overheard

A trucker was in front of me in line at the doctor's office.

Said he hadn't slept a wink. Said he was haunted

by nightmares. He'd watched a woman jump off a bridge.

Said her body on the road looked like a pile

of dirty clothes. The impact had reduced her

to pebbles, dust, bones and blood and teeth.

It took the ambulance awhile

to get there and clean her up.

I sat down not locking eyes.

## Blackout bladder

As a boy, I couldn't wait to grow up. Friends said they wouldn't live past forty. By 13, liquor drunk

in basements. Left to rot in the sun, my twenties were spent pissing through couches. Bleary-eyed.

## One more being my kryptonite

After calling the wrong asshole an idiot, piss and shit bravado landed me in the E.R.

Drunk and concussed, gauzy strands, jaw broke, I drank through a straw for weeks after surgery.

I deserved being attacked on my 23rd birthday. That's such a weird shitty thing, but I believe it.

# Survive

After I got the piss beat out of me, my first move was to shake his hand for instilling a new fear in me of men.

### How to not get murdered

Don't go to Burnett Woods or Daniel Drake Park. You hear footsteps and it's dark. Back to the car. Don't go to strangers' houses. Opening the door, there's a porno on. He's on his knees. After, you realize you went to grade school with him.

Don't follow pickup trucks, based on only a nod and a glance. Wait for confirmation. Wait. Ask what kind of car he drives. Wait. Idiot. What if it's not the right guy? What if you follow him home to his camp site what if you get out of your car and he shoots you. Wait.

Don't go to a farmhouse in a corn field on a Sunday. You walk down into the basement. He opens the door only in underwear. On the walls are pictures of him and his husband. When he says go downstairs and you see the bed next to the sling you just go with it.

# I tumbled knowing

I dared you down the hill.

I know my limits you said.

I bounded on, mocking you.

"Alright, limits." "I'll go on then."

My ankle unsteady under soft dirt.

Falling on my ass, there you were.

I told you so. I know my limits.

# Spores shoot

from swamps and landfills.

So fast, unseen

messengers of the coming.

Through the air,

warmed up to cause

a shift in body

made receptive to changes.

# Subjective rabbitry

You're in a room without access to water and you must pretend to be a Christian.

In another part of the warren, a different rabbit wants to know what it feels like to die.

And the hard light construct is buying impulses in an imperfect package.

# Left to pick up the pieces

of grandfathers who were men and who were monsters, who were just trying their best and who were the scum on the bottom of the most worn out shoe.

## All in leather, you answer the door and lead me inside

Speech is the first thing I give to you. Reduced to *Yes Sir* and light signals,

you lead me to the basement where you give me a collar, locking it.

On my knees, licking your boots the leather is smooth against my tongue.

# I never was going to be a structure

that is, less than a liquid. I wonder

who washed whose feet? Did Judas deserve

to be buried with the beggars?

### Elegy

Dedicated to a man– boy who died at 18. How might he have died?

Maybe he fell and his body was pulverized – blew

his bones to dust. In reverse. If not a fall,

why not cancer or a car wreck? Or his heart

gave out. Maybe, at birth we're given just so much time.

Not a minute more. At the end of life, we are free from time.

Could be cancer or his heart gave out. Suicide. Could be

brain aneurysm, freak accident. Could be that dying young

is only a symptom of living in a modern age in tiny boxes.

#### Six in a beige room

We hustle into the predawn, nervous that our reason for living is slipping. At the hospital, the nurse leads us away from the emergency room. On the elevator the nurse is talking and unaware of our fears. Sleep crusting my eyes, I mistake cobwebs for specters hanging in the beige corridor.

I think about the scene with the flying nun in *Death Becomes Her*. The pale blue fluorescence illuminates Ernest as he descends into the hospital to rescue his bride from a body bag. Foreshadowing what the audience already thinks they know. On the third floor, I sit and wait until I am allowed back.

There are candy wrappers on the floor in the waiting room. I feel comforted by the mess. The maternity ward is dead silent. The beige hospital room they have you in is off to the side of the rooms they put new mothers in. Chairs hang on the wall. I take one down and sit next to you. The nurse has deep lines

on the corners of her mouth and by her eyes. The heart monitor doesn't pick anything up. In the beige room we wait for our fate to be decided by the cheerful looking woman. A doctor comes in and he looks young. I start counting in my head how long he has been a doctor. Maybe a year or two years. How old was JD in *Scrubs*?

For the first minute, he can't pick anything up: no heartbeat. On the ultrasound screen, all I see is a gray blob. He can't pick up any movement. For the first minute, my heart sinks into ocean. I escape. Tread water. The doctor has a cigarette burn on his arm. Somehow this is comforting. We wait and in the second minute of no movement,

eyes searching in the beige room for the Goddess are left wanting. I notice a spider in the corner weaving her web, and I think about how she's connected to our fate. Unable to offer reassurance, eyes pried shock open. We wait. Another nurse walks in. Beads of sweat fall from Doogie Howser's forehead. Six in a beige room, waiting.

What's happening? Do you see anything? "I think so." The doctor hedges. His hesitation keeps him distant from questions voiced in desperate tones in this room. Then, we hear you. You sound like whale song. You sound like the universe. Like home.

# Subjective rabbitry

Of course! The you that closed the book.

The you that opened the book. They're you,

aren't they? Rabbit said in exasperation.

Owl looked up at the sky and thought. The me

that woke up today and stretched my wings.

That's the me that is here with you now.

### Look just like him

You wanted to know how my truth matched up with your cardboard cutout. My uncalloused hands shy away from the physical work that you clung to until your body was broken. Jagged metal chips fall from your heavy boots into the soft living room rug as you perch in your chair unmoved. I don't think I ever saw you cook a meal or clean a toilet. You thought these tasks were beneath you. The grooves in your perch settled by habit. What your father taught you.

#### **Chasing a shadow**

A boy is running after another boy.

In white hot pursuit, he reaches out

and falls into a sticker bush.

*Freeze frame.* See the boy, eyes narrowed, brow fixed.

One brother out of reach of the other.

*Jump cut* to the chase. Angry footfalls close in

on outstretched hands. Each stride lacerates

soft padding. *Jump cut* to the anger

filled boy bleeding, His brother won't be

caught. He'll keep running and running.

Feet bloody, white t-shirt sweat

stained trousers muddy. Zoom in. Panting,

he turns to go home forced to grow up.

# Subjective rabbitry

You're in a room without access

to water. You're a rabbit. At least

you think you are. You don't know

what you are or why you're here.

## Dislocated

Before you were a rabbit, you were the regulatory affairs manager for a mid-size medical device firm. You sold burs. The best burs designed by engineering experts. Your burs cut through skulls of FDA approved anatomically appropriate animal models.

#### Purple hearts and covered bruises

A tired infant's scream pierces into tomorrow's shadow.

Heard in 1960's Brooklyn, New York by a single mother who wonders

where they'll go next if this one hits. She'll think about him

as she dances around the room until the needle sticks. She didn't

want to leave him. How could she? She knew his mind was changed

by the drink. By the bombs. By the fire and the other men's screams.

When he woke up and pummeled her she knew and loved him anyway.

### Down home

A sawed-off shotgun sits on the front porch downhome where my grandfather picked

tobacco until his hands bled. He fled to find the new city. He never lost his accent.

He wore it as armor to scam northerners who might be caught off guard by the hillbilly

gambler with a sixth-grade education. He refused to take his place on the burying hill.

He traded the holler, like so many of them did, for a shot at being brand new. So, Mom's proud

of her roots. She refuses to talk like everybody else. Rebuilding downhome only way she knows how

through language cherry-picked. Imagine if we all could speak in a way that makes us happiest.

# Rotted

In another part of the forest, fleshy sentinels

stand at attention ready to greet their queen.

See them claim morning, burrowing through stone.

#### No really it's fine

And then we thought that the structure was already in place so that the only thing we needed to do was build down.

We realized so much work was done, and we went back quite a far piece tracking right making a reverse journey

across the expanse and then we kept digging deeper wanting to find the bottom for our claws to hit stone

to come across something massive and solid but the strangest thing happened then, y'know?

We never did find it, the big solid thing– I'm not sure there are solid things. Or ever were.

## Queer soup

How can I be safe while being vulnerable when I've been cut off at the knees—I think about past moments of intimacy lying in our twin-sized bed in the basement. I was someone else entirely.

I don't know what he'll do as I peel away dead skin and show him the tender buds below but I know he's safe and nerdy and patient and it's probably stupid to catch feelings it's probably stupid to grasp for straws to hope for evolution

and he asks me about loneliness and how that's been going and I tell him it's a day at a time and I tell him that I'm not fine and I tell him that I need what reciprocation is

I need to feel safe and I just blurt out my insecurities one by one what if I'm broken what if I can't go on when he asked what it is I want it's couched in the past it's stuck on the shelf like it will be kept

We go back to his place and in his bedroom I'm worried. In the hotel with the flight attendant I couldn't stay hard. I'm worried that I'm broken. I'm worried that I'm broken and I don't know if I'll ever be fixed. Instead of running away I stay and tell him everything. I hope that by being vulnerable I won't crumble, and I tell him that I can't get hard in front of new people and he tells me that maybe I should stop meeting up with new people and I don't know about that because new bodies have been filling up this ache this cavity

# Continuum of spores

might be infected

lungs fungal fleshy fruiting body

putrid smelling pitcher plants

sticky red kimchi cavity grows

signs of decay weeping holes

# I was a hot hand

Sweatin, the ink barely dry on the house. Here I am putting the acreage up on a hunch that I'll hit. Yessir. Don't do me no good thinkin' bout why I'm here.

#### **35 Beats Per Minute**

Flashing lights reflect danger on both sides of the room as the nurse comes in to reset the clock. Neon glow blue cascades melting into a single reflected image. This is how it looks as I close my eyes.

The midwife with suns and moons guides you to push. She counts backwards softly from twenty and I think about beginnings. At 7:35 this morning her heartbeat dropped to 35 beats per minute.

During the crash, I count six bodies in the room. Then, six more-barrel in. They take you and I wait. I wait, and I'm alone. For 3 minutes, I'm alone. I start taking pictures of everything: The blankets.

Kept a constant 130 degrees Fahrenheit. The white board has the pain scale, the happy looking one on the far left has no need to cope. The one on the far right, distressed, sobbing,

is not coping. The empty crib. The short distance from "Coping Well" to "Difficult." Morning light following a full moon. Sky blue, a promised beginning. Vaguely uplifting paintings of spring flowers on the beige wall.

I can't tell where I am in space. Then, they call me back and ask me if I want to meet her. In the operating room, you're splayed-out crimsoned azure skies at some kind of break. She's crying, red and covered in poop. Perfect in every way.

# In another part of the forest

where we admit to ourselves that we had no good models to emulate. We find our hands stained blue—willing to try it even though the bitter metal taste lingers on our tongue and we might not be who we once were in the morning.

### Dad's driving lesson

Atta boy, nice and easy, slow down. Braking is like sleeping with your girlfriend, gentle– cruise along at a nice speed now– driving is like life, son, there are risks. Every lane, see the choices ahead of you. For easy listening, a cautious tempo. Glide next on the radio turning the dial to more risk. Here are the country western listeners. Imagine from the front porch looking in, see a life you'll never have. Jot all this down, boy, are you keeping records about whether your tempo matches your listening habits? Until the houses and the road melt into one long night.

# Recanting the monster

I looked them both in the eye but decided this isn't for me.

Anyone, anytime, anywhere, shifted. In the car? The woods?

Hard pass. Besides, my hands imagine his hairy legs.

Our limbs akimbo. Entwined until morning light.

### But that's wishful thinking

The next day phantoms, his fingers pressed

into my back– unafraid of being rough

love. Our bodies folded In the shower–after

I notice how tall he is. Our bodies are iambs.

Silently, I put on my shoes. We share hopes for our next meeting,

a rendezvous. Interrupting the script,

I let vulnerable slip, tell him that I would like that.

### The haircut

The barber has shaky hands, but he's doing an alright job. He stares me in the eyes and sizes up my symmetry. His tobacco breath.

The only other customer in the barbershop is chatting up his barber about the grief meetings they'd both attended.

Last week during therapy I told my therapist I needed a grief group and now today one is being delivered to me.

It's at a church a couple of towns over. They meet on Tuesdays later in the night and they even have childcare to boot.

I'm not crazy about it being in a church but honestly who else might do that kind of care work.

The super ambitious 22-year-old who works at the crisis hotline ghosted me. I liked him, but y'know I get it.

Not enough time to juggle everything.

I hung out with my wife. And it was almost like we weren't separated.

I don't know what I want, but in the barbershop, I thought about how I'll never have a son, well maybe not never.

The barber's parents were taken from her in a car accident-instant tearing away of roots ripped up

and the other customer's granddaughter passed away after an illness of some kind. She was 13 or 30.

I told them about how Dad went in for a routine thing because he is a diabetic and then I caught myself–was a diabetic.

See, Dad got depressed in 2001 when he couldn't go to work anymore after he blew out his knee and couldn't stand in front of a machine for 60 hours a week any longer.

After Dad got depressed, he didn't have any more goddamn fight in him. When a man loses his fight, sometimes he stays drunk. Sometimes he allows his body to wither.

Sometimes strong bodies are allowed to collapse under the weight of what they should carry.

Dad stayed depressed until the day that I said goodbye to him, incoherent husk wide-eyed as a newborn baby.

In the barber chair, I thought about how I might never have a son and I was relieved.

# Dad's driving lesson

Now, I look over while I am driving and you're there. I know you tried your very best with the tools you had. Understand I was never going to be what you wanted me to be– xeroxed. Like you were. Caged like an animal in the zoo.

### After I became a rabbit

I raised shrines, built effigies and ate

the flesh of carrots. I crossed my legs

any way I wished. I found safety

in a part of the forest I made my own.

#### Debridement

Forgiveness is a bridge made of tiny things, grief inside forgiveness. Something to be made. After I tore myself, I ignored the frenzied stain. My pain penance for daring to be a pervert.

I wanted to be dead. Cavity sweet becomes rotten. I let the cavity grow for seven years. I told myself a lie that I deserved days of wanting to die because of who I am, who I dare to love.

I wanted to die in the past and the present lives in the past– to hollow is an act to reclaim the body.

A friend says once you find yourself, who you are, you're solid after that. Forgiveness is giving up a bit of stability for freedom

and my body and mind must weave grief back into my body and mind. To hollow is an act of weaving.

### At the Vikings Exhibit

a giant wooden rudder catches my eye and I sit with the massive object. Something solid to steer the ship, to not fall off course previous paths can't be retraced. My hands are steadier now and it doesn't matter anyway.

# Muted impressionistic oil on canvas: custom frame: \$599

At the bourgie café, all the chairs match and fake flowers sit on every table. Follow the woodgrain to plastic sunflowers. How do you know what you want if you don't know what you don't want? Fake sunflowers can be forgiven.

### When something ends it's not supposed to continue

I saw a rainbow on the flat drive to meet her-It was still fall and she wore gold earrings. We kissed in the rain, and both woke up the next day with sore throats and colds.

She left Rosary beads in my bed, I found them the morning after. I could have loved her– but I'm never going to.

#### How many times is it appropriate to mention my dad's dead on a date?

Bash against my ribcage fluttering nervousness at every new date and I don't mean date as in hooking up in the back of an SUV.

Date as in two strangers awkwardly stumbling through sharing bite-sized chunks of ourselves. Okay, she knows I have a kid. Wait.

Does she know I have a kid? Better mention that. And show her a picture. Why am I divorced? I was an asshole, but I'm in therapy.

Why am I divorced? Because I should have never been married. I should have never had a kid. Why am I divorced?

I woke up one day and didn't want what I wanted the day before. Snap out of it. She probably won't linger. Talk about cats.

Oh shit. She's going to ask what do you do? And I'll say well I teach, and I write gay poems and read them all over the city—

*blooming queerness in red states.* I'll tell her with my body language I'm uneasy about dating a trans woman.

### Attached to a married man

He tells me we'll be friends as long I want us to be-

he'll take care of me. I don't believe him.

But he cooks for me, sends me off with lunch,

makes me feel wanted. But I know it's not real—

#### **Glass cathedral of last moments**

Time slows down. The room is warm. I'm all alone and kept comfortable. I chose to be all alone. To be comfortable. Pre-selected memories flood into me. The shaggy-haired boy in my arms. Her first word. Clinking vanilla cupcakes with you at LAX. Sunsets. Full moons. Firelight. Stitched into landscapes so real I leap out of my body. Frozen in store-bought honey, while my mind is free to eke along.

### For a split-second

I didn't know which universe I was in. Was it the one where I was still married? Before I woke up, I knew where I was and was content with it more or less. I perform new rituals of autonomy– what I'll have for dinner, who I'll see what I'll do that I've never done before. It's like getting another chance at life. Alone, but not lonely. But still, I woke up and for a split second I thought about us then I snapped out of it.

#### And I did

Go suck some dick and write a poem about it and after you're done, you won't notice we woke up before *Landslide* was over. And when we're both brand new, I'll suck a dick and write a poem about it. Or lose all my wits and be a lump for a while. Lose all my bones (a neat trick this one) – losing a body might just be easy to master. Accept starts and stops – accept letting go and whether it's worth finding again or not go, suck a dick and write a poem about it. Be honest about how we never really had a chance. I put your line in my poem. Go. Suck a dick and write a poem about it.

#### I hate you because I love you

I can't be around you because I hate you. We'll try again on another planet, in another life. It might be easy. And it remains easy to be alone. To buy a new bed, not too big, or too small and chosen by a committee of one. In another life it's easy, all the beds are new and it remains easy and so we'll try again. I picked out the new bed it's exactly what I want. But, I've been sleeping on the couch since the new mattress came.

# On the second floor of the parking garage

in the backseat, wondering if this man settled to invite me to this private place with no names.

### Uprooted

If you make the mistake to clean out, it can kill off some crucial gut bacteria. How do you reach back into family when boundaries were overstepped? How to find home? At Hindman, I heard about putting microphones under chairs to record stories and voices. How to heal in silence? Who are we and how do we become who we are? What does family look like if it's not blood? If there's no good will left? What does it look like to be without family?

#### In the Art Museum on the second floor

she's unimpressed by the lone Rothko, and she starts to meltdown. I wonder

If I should have taken her here in the first place.

In therapy, I complained about how I don't have help

whenever I take her anywhere. How I chose not to have help.

But today's a little different he's there and we're friends,

making wise cracks about pride, ogling the waiter in the café.

Exchanging Cialis for Descovy in the elevator. It's effortless.

And as she screams, I beeline toward the exit.

I'm used to this now. I eyeball the staircase: two flights,

then her, then the baby bag, then swoop her up. I'm prepared

to do it alone. But today's a little different. He asks

what he can help with. I hand him the stroller and he carries it

down the stairs. I'm embarrassed to ask for help, but grateful

that we met and wonder if we fucked, if we'd still talk

every day. I try to soothe her an unsuccessful effort.

In the hospital room, the first night I clutched

her tiny body and swayed, moved to some invisible strings

that I couldn't see but could feel. And as she screamed, I met her

where she was—scooped her up, and our bodies burned as we walked

to the car. And as we left the city, she fell asleep, no fight left in her.

# This is my mother's grief and rage on display After Tai Shani: My Bodily Remains

How do I contain anger in objects? Give their power away?

Dad died this week and now I'm standing in front of a statue

of anger and rage. Sir, can you please walk away from the statue?

Flowers in her hair are metal flowers I can pick the frills apart—see the body.

#### **On Father's Day**

Mom tells me it's only his body in the ground and I can't help but think that's only partly true. As I started to cry, a robin flew by and landed on a nearby stone. How much of grief remains unsaid? Mom doesn't want to be buried with her own people or with Dad's. She wants to choose a third way and like every time Mom has chosen independence since Dad died, I tell her whatever she wants, I support her.

### Hairy-chested man

Once, I saw my love of a hairy-chested man

as a weakness. Which is a fucked-up way

to think about things. The shift

happened when I started to consider

myself loudly, frequently, and with nothing to lose

as queer. What I mean is I was stumped until I wasn't.

On most days I'm happy to be alive.

I can breathe as someone who takes sides.

### Rural

The Golf World sign is rust. This stretch of highway hates gay people.

Tendrils twined buckle posts, crash silently. Tunneling through

cornfields. Be aware. Pay attention. In this country of so much country.

So many souls to burst, with deferred expectations.

### On the dangers of time travel

The many selves collapse one on the other and what's left is a pool

of spilled milk. Smelling like shit for two days.

This is contentment. Maybe choice is an illusion. What I really mean to say

is that if I could do it over again I might change some things –

but, one misstep might start many chain reactions, might not lead to her beginning.

# The Photographer

The shaggy-haired boy I might love is moving away and I wonder what our life might look like if he decided to stay. But I know better still, nice to think, to let light love seep in.

### To find home

Take a right. Find lilacs,

juniper, robin's egg, tiny

toadstools freshly bloomed.

In an old tree stump, marvel

at time. Take a left.

Find foxglove, purple berries

sweet sun-kissed mornings. Take

your shoes off, feel loamy wet

earth between your toes.

Look for signs of fairy circles.

### Hello in there

I see your face in every river, hear your laugh on the whistling wind that carries you back to me. I know you tried your best with the tools you had. I know it's not easy, Dad.

### Tell her how it feels to dance

to hold space with her limbs flailing syncopation legs and arms in union

tell her she makes reality

tell her the prayer song is a river

tell her about endings when you share your prayer

tell her it's written on grains

tell her your song is love undying

tell her that she is beautiful